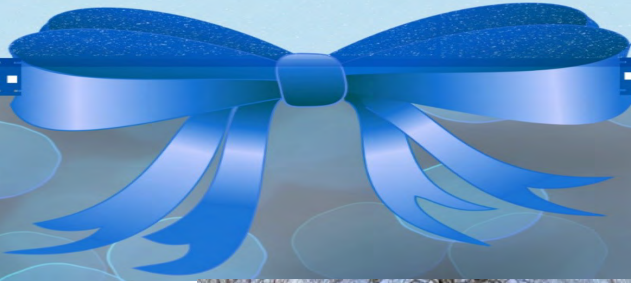


Happy Holidays



*From all of us at Champion
Orthodontics, We wish you and
your family a Happy Holiday
and a Prosperous New Year!*

Best Wishes,

Dr. Pham and the Team



CHAMPION ORTHODONTICS 2021



1st Place Winner!

CANDY JAR CONTEST

The total number of candy
corns in the JAR IS.....793

Congratulations to our winners!

1st place: Justin T.

2nd place: Ja'Naia C.

3rd place: Nicholas L.



*Fall photos at our office provided by our patients as a courtesy.
Thank you for sharing!*

CONGRATULATIONS ON A BEAUTIFUL SMILE!



DID YOU KNOW....

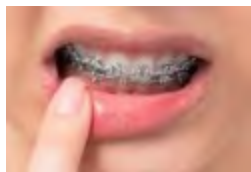
You can now check in at the kiosk by the front desk once you arrive for your appointment. Just enter your last name and your date of birth to complete your check in.

Broken Brackets Don't Know it's a Holiday Break

Warning! All parents, you are now officially entering the "School Break Zone." This time of year, of course, brings family gatherings, parties, and treats! It's hard to turn away from the ooey-gooey treats which is why we want you to be prepared if an orthodontic emergency happens in your house.

Accidents can happen during orthodontic treatment. When they do happen, it can result in a call or unplanned visit to your orthodontist – this is what you would consider an "emergency visit."

Many times, your first reaction may be, "it's not a big deal," or "I'll just wait until after the holidays to call." We would like to remind you to make the call—don't wait. We are your partner in creating a HEALTHY smile. If there is an urgent need during this time—for example if you are in pain, or an injury has occurred—



please notify us immediately .

In the meantime, stock up with the following supplies to help discomfort: Orthodontic wax, dental floss, tweezers, interproximal brushes, topical anesthetic (such as Orabase or Ora-Gel), over the counter pain relievers (such as one taken for a headache). Plus, a warm salt water rinse can be soothing, as well. The recommended mixture is 1 tsp. salt to 8 oz. warm water.

Ultimately, an important part of successful orthodontic treatment is communicating with your orthodontist. Don't forget, you play an essential role in your treatment. All you have to do is follow your orthodontist's directions. With holiday fun on the horizon, now is the time to have a plan in place in case you eat too many ooey-gooey treats.

Courtesy of the AAO